

After Care Instructions

Fillings

- Avoid any chewing until the anesthetic has completely worn off.
- Keep a soft diet for the next 24 hours.
- Tooth sensitivity is not uncommon, and may last for a few days or a few weeks. The amount of sensitivity you experience will be a product of how deep the decay is, how large any previous fillings are, fractures and cracks in the tooth, individual responses to the bonding material, as well as other factors. It is possible and not uncommon for teeth that are asymptomatic prior to treatment to become symptomatic following treatment.
- Call our office if your bite feels uneven, or if you experience moderate to severe pain of a long duration.
- The long term success of this restoration depends in large part on your maintenance. Cavities can develop around the edges of these restorations, so it is imperative that you brush and floss daily and keep your regular continuing care visits so that we can evaluate the health of this restoration.
- tooth colored fillings will stain with time. Drinking things such as coffee, tea, red wine, and smoking will stain these fillings faster.

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